



HOPE FOR DEMENTIA

Protect yourself against fraud

Recommendations against fraud

- Do not click on suspicious links
- Delete messages from unknown senders
- Be skeptical of suspicious payment requests
- Do not download unverified applications
- Never share your passwords

Resources are available to help you

- **Canadian Anti-Fraud Centre**
antifraudcentre.ca
- **Elder Mistreatment Help Line**
1-888-489-ABUS (2287)
Service from 8 am to 8 pm, 7 days a week
- **Info-Santé 811**
24-hour service, 7 days a week
- **Info-Crime Montreal**
514 393-1133
Anonymous & confidential
infocrimemontreal.ca

